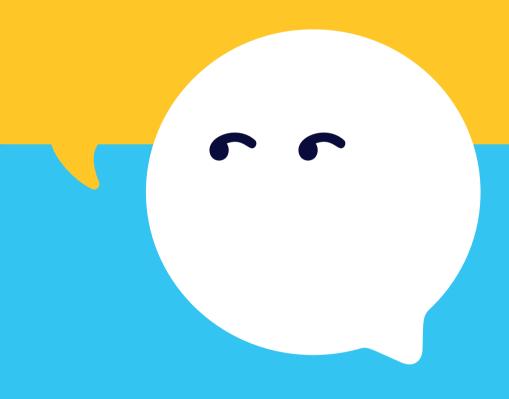


Encourage students to reach out and speak out



Help students take action against bullying behaviour by giving them the confidence to speak out. As a role model, the more you show you care, the more likely they are to share.

See it. Speak out. Support them.

Help and resources at DontFaceItAlone.com





Don't face it alone

#SpeakOutAboutBullying



For support, young people can **Text SHOUT** to **85258** or contact Childline on **0800 111 childline.org.uk**