



Encourage students to reach out and speak out



Help students take action against bullying behaviour by giving them the confidence to speak out. As a role model, the more you show you care, the more likely they are to share.

See it. Speak out. Support them.

Help and resources at DontFaceltAlone.com

**Don't face
it alone**

#SpeakOutAboutBullying

THE
DIANA
AWARD



For support, young people
can **Text SHOUT** to **85258**
or contact Childline on
0800 111 childline.org.uk

