

# Newsletter

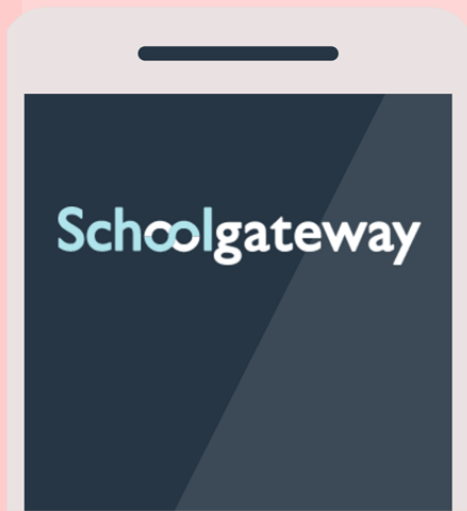
## 11th October



## School Gateway App

From the start of term 2, all school dinner, club and trip payments made to the school will need to be via the School Gateway App.

You will not be able to pay by cash in the school office. School dinners will need to be paid on or before the day of the school dinner. If your child requests a school dinner but it has not been paid for, parents will be called to bring in a packed lunch.



## Clubs

From Monday, you will be able to book after school clubs for next term. Our clubs are very popular and get booked up quickly. In order to book a club for term 2, you must do this on the School Gateway app and clubs cannot be booked without payment.

## Early Years Open Days

If you, or someone you know, has a child due to start school next September, why not come along to a Whinless Down Academy Trust school open day:

Priory Fields School: Tuesday 27th November 2019

St Martin's School: Tuesday 27th November 2019

Vale View Primary School: Tuesday 12th November 2019

# HOW TO SUPPORT YOUR CHILD'S MENTAL HEALTH

 @BELIEVEPHQ

[www.BelievePerform.com](http://www.BelievePerform.com)



## LOVE

Be there for your child and show care and love



## EXERCISE

Encourage play, exercise and sport



## BEHAVIOUR

Keep an eye out for any changes in behaviour



## SUPPORT

Regularly support, encourage and praise your child



## REST TIME

Help your child to manage stress by building in some rest time



## BE PROUD

Tell your child that you are proud of them



## PATIENCE

Be patient. Don't pressure your child



## HELP

Don't be afraid to seek help from professionals



## FEELING

Get to know how your child is feeling



## EDUCATE

Educate yourself about mental health problems



## PROBLEM SOLVING

Help your child to effectively problem solve



## LISTEN

Make sure you take time to listen to what your child has to say



## COPING

Help your child to learn some simple coping skills such as relaxation



## SYMPTOMS

Be aware of signs and symptoms



## CONVERSATION

Encourage your child to engage in conversation



## ENVIRONMENT

Provide a positive environment for your child where they can thrive



Save the date  
Friday 15th November  
Spotty Day



## First Class Photos in Mercury Newspaper

This week's Mercury newspaper which is on sale now contains the 'First Class' photos which we took part in. Pick up your copy of the newspaper to see the photo!

## Attendance

The best attending classes last week were:

1st: Courtesy 99%

2nd: Endeavour 98.9%

3rd: Integrity 97.9%

The best attending class of the term will enjoy a pizza afternoon next week!

Our aim is always 100% and the best attending class at the end of each term wins a termly prize as decided by the school council!



## Hot chocolate Friday Winners

Well done to our hot chocolate winners this week

Our hot chocolate winners are children who have had a great week in their learning, behaviour and attendance.

# 2019-20 Academic year:

**Term 1:** Tuesday 3rd September to Friday 18th October

**October Half Term:** Monday 21st October to Friday 25th October

**Term 2:** Monday 28th October to Tuesday 17th December

**Christmas Holiday:** Wednesday 18th December to Friday 3rd January

**Term 3:** Monday 6th January to Friday 14th February

**February Half Term:** Monday 17th February to Friday 21st February

**Term 4:** Monday 24th February to Wednesday 1st April

**Easter Holiday:** Thursday 2nd April to Wednesday 15th April

**Term 5:** Thursday 16th April to Friday 22nd May

**May Half Term:** Monday 25th May to Friday 29th May

**Term 6:** Monday 1st June to Friday 17th July

**Last day of term:** Friday 17th July